



Christmas Holidays

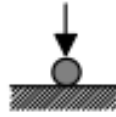


Christmas holidays



will

be



here



soon,

and



we



will not be at school,



we



will

be with



our



family

and



friends.



Christmas

is an



exciting



time,

but it



can

be



difficult



at



times.



Places



we



know



look



different

with



Christmas

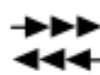


decorations, and



we

are



busy



seeing



family

and



friend,



going out

and



having



fun.



Christmas is a special time and it is easy to get



excited, sometimes we need to be reminded be calm. If



we do good listening to our family and friends



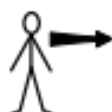
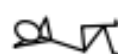
we will be happy and have a special time



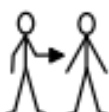
together.



It is OK if we need some quiet time alone to



relax or calm down, you can join your family



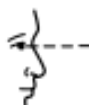
and friends again when you feel ready.



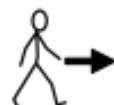
Everyone



will



be looking

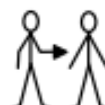


forwards

to



seeing



you

and



hearing



all about



your



Christmas holidays



in



January